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10 Easy Survival Seeds to Grow

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Survival seeds are one of those long term essential emergency preps that every family should have. If the days come when a [survival garden](#) ^[1] is needed, the family will be happy to have invested in such an important prep item. In exchange for your energy and time, you will want a survival garden that will provide your family abundantly with food. Non-GMO, heirloom quality is best as these seeds produce seeds you can save for future harvests. However, stocking up on some packets of the GMO version is not a bad idea either. Having dependable seeds in times of a crisis is comparable to having another back up for your back ups. In this author's opinion, a person can never have enough seeds. If [stored properly](#) ^[2], these seeds can last much longer than their expected expiration dates.

Easy Growing Varieties

Below are a list of easy to grow vegetable and fruit varieties that are not only easy to grow, but will also provide lots of nutrition. To learn more about the nutritional content of these varieties, [click here](#) ^[1].

- Nut/Fruit Trees – To learn more about essential nut and fruit trees for a survival homestead, [click here](#) ^[3].
- Squash/Zucchini
- Berries – Blackberries, strawberries, raspberries, etc.
- Grapes
- Peas/Beans
- Kale
- Broccoli
- Peppers
- Potatoes
- Pumpkin

One of the authors at [Backwoods Home Magazine](#) ^[4] suggest planting survival perennials, or vegetables that come back on their own each year. Perennials such as asparagus, Jerusalem artichokes, horseradish, garlic, perennial onions, and herbs of both culinary and [medicinal](#) ^[5]. The survival perennials are an efficient way to produce food and make good use of your time. Some of these perennials, such as asparagus require two years to grow before they

produce food. Therefore, this is why it is so important to research which type of vegetables and fruits you want in your survival garden.

Storing seeds will ensure that in a long-term disaster you will be able to provide needed nutrition and energy for more physical exertion and mental clarity. Those who have started their survival gardens have no doubt learned from a few garden mistakes along the way. Yet through these mistakes, gardeners have stumbled upon wisdom and grown into better gardeners. These experienced gardeners have taken certain factors into consideration before the seeds are planted, and through experience found which vegetables varieties are easier to grow.

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[1] survival garden: http://readynutrition.com/resources/survival-gardens-25-seeds-you-need_05112009/

[2] stored properly: http://readynutrition.com/resources/securing-long-term-survival-with-seeds_30122009/

[3] click here: http://readynutrition.com/resources/survival-food-series-essential-trees-bushes-and-berries_18122009/

[4] Backwoods Home Magazine: <http://www.backwoodshome.com/articles/clay62.html>

[5] medicinal: http://readynutrition.com/resources/survival-food-series-medicinal-plants-for-the-survival-garden_04012010/

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