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## Proof It Can Be Done: A Micro Farm in the Suburbs

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Many believe that a large acreage is needed to live off the fat of the land and be self sustaining. This family has proved us all wrong. While many Americans are looking onto the horizon of harder times and researching ways to be more frugal, this family is already doing it. They live on 1/5th of an acre and have enough food to feed a family of four and have extra to sell to local restaurants in the Pasadena, CA area.

In this day and age, finding ways to cut corners can help us all out. Jules Dervaes and his family may live a frugal lifestyle but he says, "We eat rich I tell ya. The way we live seems like something we dream of."

**"Growing your own food is recession proof. You don't have to worry about the prices. When you depend on other people you become powerless."**

**- Jules Dervaes**

The Dervaes Family [website](#) <sup>[1]</sup> has documented their progression of thinking the unthinkable. Their website is filled with creative ways to create alternate energy, biodeisel for transportation, organic gardening and more.

This family has proven that it can be done.

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URLs in this post:

[1] website: <http://www.pathtofreedom.com/>

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