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The Survival Mom Preps For the Seasons

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On September 14, 2010 @ 4:29 pm

Category: Survival and Prepping News

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The Survival Mom, gave a free preparedness webinar last night that gave off an ambiance of a group of like-minded friends sitting around and discussing the importance of preparations during the Autumn months. Her live chat that was provided was a nice addition to the webinar. By having this feature, the group shared information, tips and ideas amongst one another while Lisa was sharing her insights on prepping. With her winning smile and excellent information, [the Survival Mom](#)^[1] provided great tips, book suggestions and resources to look at to get better prepared.

Gardening was a highlighted topic of discussion last night, where the group admitted their successes (and failures) with gardening. Tips were provided on how to improve gardens in the future.

Some of the highlighted book suggestions were geared towards how to gently prepare kids for emergency situations without scaring them. This can be achieved by using books as a medium. She also discussed how to integrate "preparedness geared" physical activities for them to help develop their necessary survival skills. This topic is seldom discussed in prepping circles, but an important one nonetheless. If an unforeseen disaster were to occur, children who are prepared for survival (mentally and physically) will adapt more quickly than a child who has not been prepared.

And because emergencies can occur at any time, Lisa also discussed the importance of having a well prepared emergency vehicle bag with emergency items, as well as clothes and shoes for all the family members. You never know when you will have to walk back home, and having the proper walking attire is a must!

The hour went fast, but it was a great experience and I had a great time. I hope that she does it again soon. Thanks again Lisa for all that you do. For more information on Lisa's monthly free webinars, go to [the Survival Mom's website](#)^[2] to check out the schedule.

Article printed from Ready Nutrition: <http://readynutrition.com>

URL to article: http://readynutrition.com/resources/the-survival-mom-preps-for-the-seasons_14092010/

URLs in this post:

[1] the Survival Mom: <http://thesurvivalmom.com/>

[2] the Survival Mom's website: <http://thesurvivalmom.com/webinars-2/webinars/>

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