Wineberry Page 1 of 4

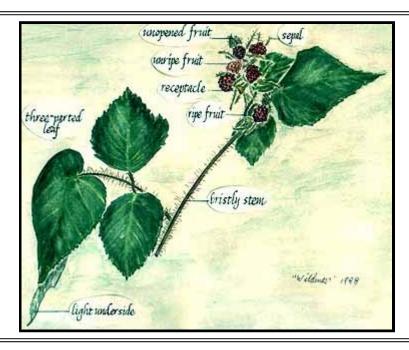
Overview of This Book, More Excerpts, Other Books, More Plants, Buy This Book, Home

# Wineberry (Rubus phoenicolasius)



Wino

## From THE WILD VEGETARIAN COOKBOOK



#### Wineberry Cane with Fruit

This is another bramble (*Rubus species*), a group of usually thorny arching plant with palmate-compound leaves (the leaflets originate from the same point). This species has red, bristly stems that grow up to 8 feet tall, 3-parted leaves with large, pointed, roundish leaflets that are white underneath.

Wineberry Page 2 of 4



**Young Wineberry Leaves** 

Clusters of small, inconspicuous white flowers appear in the spring.



Wineberry Flower and Unopened, Immature Fruit

They're followed by large, juicy, hollow, faceted raspberries in the summer.

Wineberry Page 3 of 4



#### Wineberries

Look for wineberries in thickets, fields, edges of woods or trails, in moist soil throughout the northeast.



#### Wineberry

Use this common Asian fruit the same way you'd use commercial raspberries. They're juicier and more sour, with more flavor than most of their relatives. The seeds are hard, so if you're using the berries pur'Eed, it's better to strain

Wineberry Page 4 of 4

them out.

## **Wineberry Recipes**

## **Foraging for Brambles**

An article by "Wildman"

Vegetarian Journal, Issue 3, 2006

Overview of This Book, More Excerpts, Other Books, More Plants, Buy This Book, Home, Back to the Top