Food Skill #6

WOOD FIRE COOK

NOTE

FIRE AND A CAST IRON PAN CAN TURN OUT A MEAL

PENDING THE CHEF'S PERSONALITY AND SHTF DANGER LEVEL, THE COOK FIRE MAY BE THE GATHERING AREA AND AT LEAST THE CROSSROAD FOR THE ENTIRE CLAN

3 Fire Types

- 1. SURFACE CAMPFIRE
- 2. SUBTERRANEAN W/ SEPARATE VENT SHAFT A. (SHTF RECOMMENDED)
- 3. WOOD STOVE

Top 10 Needs:

- 1. STARTERS: HORDE / CACHE LIGHTERS IN BULK
- 2. WOOD: DRIER THE BETTER B/C NO SMOKE
- 3. Tools: Tripod, Grates, Axe, Saw
- 4. Utensils: Long forks, tongs & spatula
- 5. CAST IRON: SKILLETS, DUTCH OVEN, BOILER
- 6. CLEANING: NO SOAPS, HEAVY OIL AND RAGS
- 7. HAZARDS: GREASE FIRE, BURNS, DIET CHANGE
- 8. Soups: Soups & Chili, cook long & low
- 9. BLENDS: LEFTOVERS TO STEWS THEN SOUPS
- 10. BEGIN: CURE, SMOKE & DEHYDRATE NOW
- 11. BIG POTS: HOG BOILERS ETC...